



KS4 Curriculum Overview

Year 10

During Year 10 students...Skill acquisition and the development of tactics are the main themes in Year 10. Children have a 'loose' option where they personally bespoke their PE curriculum and map out their entire years' work. The students can choose some options again giving them a chance to become an expert in that area. All lessons are of mixed gender.

Year 11

During Year 11 students...Skill acquisition and the much deeper development of tactics are the main themes in year 11. Children have a 'loose' option where they personally bespoke their PE curriculum and map out their entire years' work. The students can choose some options again giving them a chance to become an expert in that area. All lessons are of mixed gender.

Autumn Term (Invasion Term)

Half term 1 choices: Hockey (indoor)
Netball
Basketball
Football

Half term 2

Hockey (indoor)
Netball
Basketball
Football

Spring Term (Fitness Term)

Half term 3 choices: Celebrity Fitness
Aerobics
Boxercise
Circuit Training

Half term 4

Table Tennis
Badminton
Ultimate Frisbee
Trampolining

Summer Term (Summer sports)

Half term 5 choices: Decathlon
Trampolining
Cricket
Tennis

Half term 6

Rounders (all years Tournament – INTRA)





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Covid PE Curriculum – all lessons to be outside where possible. Inclement weather results in lessons being classroom and theory based work on the Knowledge Rich Curriculum and the other core subjects.

	Staff 1 (PS)	Staff 2 (MB)	Staff 3 (DS/DSu)	Staff 4 (NW)
Half Term 1	Athletics (GCSE)	Yoga	Fitness	Football
Half Term 2	Hockey	Aerobics	Fitness*(BAD)	Football
Half Term 3	Table Tennis	Netball	Badminton	OAA
Half Term 4	Hockey	Trampolining	Basketball	Football
Half Term 5	Athletics	Rounders	Cricket	Tennis
Half Term 6	Rounders	Rounders	Rounders	Rounders