

Year 7 Careers tutor lesson year plan

W/C	Lesson tittle	Lesson content
Sept 7th		
Sept 14th	LORIC – Introduction	<ul style="list-style-type: none"> • Identify important skills/personality traits and virtues that you will require in the workplace to be successful. • Discuss if these skills will be important in school. • Identify what LORIC stands for.
Sept 21st	LORIC – Introduction part 2	<ul style="list-style-type: none"> • Understand what the five LORIC attributes are. • Identify examples of when you may use the five LORIC attributes.
Sept 28th	What is leadership and why is it important?	<ul style="list-style-type: none"> • Understand who leaders are. • Discuss what their characteristics are. • Consider why we need leaders. What purpose do they serve?
Oct 5th	There’s no ‘I’ in team	<ul style="list-style-type: none"> • Define the term ‘team’. • Discuss if it is possible for you to be 'in' a team and lead a team at the same time. What issues/concerns would you have? • Consider how this can impact the team dynamics.
Oct 12th	What is the difference between managing and leading?	<ul style="list-style-type: none"> • Understand what leaders do that managers don’t. • Discuss how you might get ‘buy-in’ by leading from the front. • Consider examples of leadership and management.
Oct 19th	Choosing Leaders	<ul style="list-style-type: none"> • Understand how leaders are chosen/elected. • Discuss how leaders gain their position. • Consider instances where leaders have 'emerged'.
Nov 2nd	Unifrog Recap	<ul style="list-style-type: none"> • Recap the Unifrog, how to use and what it is.

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Nov 9th	Core Values Hero Launch	
Nov 16th	Putting together a team	<ul style="list-style-type: none"> • Understand what you need to consider when putting together a team. • Discuss who will be most effective in what roles. • Consider who would like different roles
Nov 23rd	Motivational leadership	<ul style="list-style-type: none"> • Understand that different people are motivated in different ways. • Discuss the different things that motivate people. • Consider how these can be incorporated into leadership.
Nov 30th	Who am I as a leader?	<ul style="list-style-type: none"> • Understand what is meant by common leadership characteristics. • Consider and discuss your strengths as a leader. • Reflect on group activities you have participated in and consider what your default behaviour in a group is.
Dec 7th	How do I like to be led?	<ul style="list-style-type: none"> • Define different leadership approaches. • Think about what leadership approaches you respond well to. • Consider what your strengths and weaknesses as a leader might be.
Dec 14th	Motivating myself	<ul style="list-style-type: none"> • Understand what motivates me. • Consider how I would motivate other people
Jan 4 th	Introducing organisation	<ul style="list-style-type: none"> • Define organisation. • Reflect on your own organisation. • Understand why it is important to be organised at secondary school.
Jan 11 th	Organised problem solving	<ul style="list-style-type: none"> • Understand the term organisation • Understand how to problem solve in an organised manner • Apply the principle of IDEAL to solve problems
Jan 18 th	What does an organised person look like?	<ul style="list-style-type: none"> • Understand there is more than one way to be organised. • Understand organised people share some characteristics.

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Jan 25 th	Organised leadership	<ul style="list-style-type: none"> • Identify successful and unsuccessful leaders. • Identify the importance of organisation for successful leadership. • Reflect on your current level of organisation.
Feb 1 st	Planning events	<ul style="list-style-type: none"> • Understand the term organisation. • Understand how to organise an event, considering pre event, event and post event activities.
Feb 8 th	Organisation in the future	<ul style="list-style-type: none"> • Identify short, mid and long term goals. • Understand how to organise effectively in order to achieve goals.
Feb 22 nd	Starting as we mean to go on	<ul style="list-style-type: none"> • Understand why it is important to be organised at school. • Understand why being organised will help you in the future. • Set targets and small steps to help stay organised.
Mar 1 st	Approaching challenges in an organised way	<ul style="list-style-type: none"> • Understand the term organisation. • Understand how to organise an event, considering pre event, event and post event activities.
Mar 8 th	What organisation techniques work for me	<ul style="list-style-type: none"> • Understand the pros and cons of adopting flexible and structured approaches to organisation. • Understand the importance of recording key information.
Mar 15 th	What does resilience mean?	<ul style="list-style-type: none"> • Define resilience • Identify individuals that have demonstrated resilience
Mar 22 nd	What is 'growth mindset'?	<ul style="list-style-type: none"> • Define growth mindset • Identify how you have already demonstrated a growth mindset • Understand the benefits of a growth mindset
Apr 12 th	What makes people quit?	<ul style="list-style-type: none"> • Understand that successful people have failed at some

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		<p>point in their lives.</p> <ul style="list-style-type: none"> • Understand that you cannot make progress without making mistakes.
Apr 19 th	Coping with change	<ul style="list-style-type: none"> • Understand how change is positive • Identify strategies that will help you embrace change
Apr 26 th	What are my strengths and weaknesses?	<ul style="list-style-type: none"> • Identify your own strengths and weaknesses. • Understand how weaknesses are normal. • Understand how addressing your weaknesses is part of resilience.
May 3 rd	Overcoming barriers?	<ul style="list-style-type: none"> • Identify common obstacles. • Identify potential strategies to overcome obstacles.
May 10 th	When am I resilient?	<ul style="list-style-type: none"> • Reflect on your own successes and failures. • Know how to apply resilient attitudes to areas that you need to improve in.
May 17 th	No mistakes = no progress	<ul style="list-style-type: none"> • Understand that successful people have failed at some point in their lives. • Understand that you cannot make progress without making mistakes.
May 24 th	Turning setbacks into success	<ul style="list-style-type: none"> • Identify common obstacles • Identify potential strategies to overcome obstacles
Jun 7 th	What is initiative?	<ul style="list-style-type: none"> • You will know what is meant by 'initiative'. • Will be able to give an example of when initiative has been used .
Jun 14 th	When did I last show initiative?	<ul style="list-style-type: none"> • When did you last show initiative ? • Can you give examples of people showing initiative ?

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Jun 21 st	What's so good about showing initiative?	Today you will learn why showing initiative is attractive to employers.
Jun 28 th	Do I enjoy putting myself forward?	<ul style="list-style-type: none"> • How proactive are you ? • Do you enjoy putting yourself forward for things? • Do you enjoy volunteering?
Jul 5 th	Taking the initiative in my learning	<ul style="list-style-type: none"> • You will learn how to use initiative in order to improve your skills in any area of interest that you may have.
Jul 12 th	Initiative and growth mindset	<ul style="list-style-type: none"> • What is meant by a 'Fixed Mindset' and a 'Growth Mindset'? • How can initiative help you change from a 'Fixed Mindset' to a 'Growth Mindset'?
Jul 19 th	How do I react when something goes wrong?	<ul style="list-style-type: none"> • How do you react when things go wrong ? • How do you face your problems in a more positive way ?
	Approaching problems with a clear head	<ul style="list-style-type: none"> • You will learn how to approach any problems in an organised way
	Solution-based and problem-based thinking	<ul style="list-style-type: none"> • You will learn how to apply solution-based thinking to your learning
		<ul style="list-style-type: none"> •